

## 2018 Stephenson Cancer Center Running Club Schedule

All runs will take place at Red Coyote Running & Fitness located in Classen Curve. A staff member from Red Coyote will be leading each run along a mapped course. Runs will begin at promptly 8 am, so please arrive a few minutes early to stretch, warm-up, etc. Our running club leader will have a store key, so you are welcome to leave your keys and jackets inside the Red Coyote store prior to each run.

Runs will last anywhere from 30 – 45 minutes, increasing in length as the group progresses. A water cooler will be available for pre-post run water bottle fill-ups!

Date	Time	Meeting Point
Saturday, January 13	8 am	Red Coyote – Classen Curve
Saturday, January 27	8 am	Red Coyote – Classen Curve
Saturday, February 10	8 am	Red Coyote – Classen Curve
Saturday, February 24	8 am	Red Coyote – Classen Curve
Saturday, March 10	8 am	Red Coyote – Classen Curve
Saturday, March 24	8 am	Red Coyote – Classen Curve
Saturday, April 7	8 am	Red Coyote – Classen Curve
Saturday, April 21	8 am	Red Coyote – Classen Curve

**Need more?** You are welcome to supplement your training with extra practice by attending some of Red Coyote's other running events.

- Tuesdays at 6 pm – Edmond Pack Pint Run, Red Coyote – Edmond
- Wednesdays at 6 pm – Anchor Down Dash and Draft Run, Anchor Down
- Thursdays at 6 pm – OKC Pack Pint Run, Red Coyote – Classen Curve

### **Red Coyote – Classen Curve**

5720 N. Classen Blvd.  
Oklahoma City, OK 73118

### **Red Coyote – Edmond**

1300 W. Covell Rd., # 120  
Edmond, OK 73003

### **Anchor Down**

30 NE 2<sup>nd</sup> St.  
Oklahoma City, OK 73104

**Questions?** Contact Ashley Watts, Community Outreach Liaison at [ashley-watts@ouhsc.edu](mailto:ashley-watts@ouhsc.edu) or call (405) 271-4880.